

## WIN IT COCKIT



## COOK IT

A cooking quiz show where the contestants have to win their ingredients before they can cook with them. Two pairs of contestants answer questions to try and win the best ingredients while aiming to avoid some of the not so great ones. Then they must turn them into what they hope will be a prize-winning dish, as judged by a celebrity chef. The best ingredients don't always guarantee victory. Can they use their initiative and imagination to turn Spam, Sauerkraut and salted popcorn into a dish fit to dine on? Or will the quality of the luxury ingredients win the judges over? The quickest thinking and most inventive chefs will walk away with the prize.

Hosted in the UK by chef Simon Rimmer, with guest judges including Theo Randall, Gennaro Contaldo, Rachel Allen, Paul Rankin, Thomasina Miers.

## PART ONE: THE QUIZ

One person from each team must answer three rounds of questions correctly in order to win the best ingredients for their teammate to then turn into the best plate of food they can.

The first two rounds are best of three questions:

Round One – The winning team will win the best main ingredient, such as pork tenderloin, fresh sea bass or monkfish. Lose the round and they could end up with anything from jellied eels to lambs liver.

Round Two – this time they have the chance to win two great ingredients, or if they lose they will end up with two not so great ingredients.

Round Three - one final question. Get the question right and they get to choose three from the remaining six ingredients. The losing team gets the left over three ingredients. This round can radically change their recipe – rocket or plantain, borlotti beans or haggis, mascarpone cheese or corn flakes.

The teams then have 25 minutes to cook their dishe(s).

By the end of Part One the cooking is well underway and the teams are battling with a combination of ingredients they have probably never cooked with before. They'll need all their skills and creativity to produce a winning plate of food.

## PART TWO: THE COOK

In Part Two the teams are under pressure as they must complete their dishes and time is running out. Simon (the host) will visit each kitchen to see what's going on and then head over to the guest chef to comment on the proceedings, giving us plenty of take out information before picking a winner.

Half hour series and format **Plum Pictures for Channel 4 Shot in HD** 











